|  | Monday |  | Tuesday |  | Wednesday |  | Thursday |  | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Meal options | Chef's Special chicken curry of the day Chicken curry served with Uncle Bens rice and naan bread |  | $\begin{gathered} \text { Pizza } \\ \text { Homemade cheese and } \\ \text { tomato................................... pizza slice served } \\ \text { with pasta and Heinz } \\ \text { Baked Beans } \end{gathered}$ |  |  | $\begin{aligned} & \text { Cheese Whirl } \\ & \text { Homemade cheese whirl } \\ & \text { served with curly fries, } \\ & \text { sweetcorn and sauce } \end{aligned}$ |  | $\begin{aligned} & \text { Jacket Potato } \\ & \text { Jacket potato with a } \\ & \text { choice of filling served } \\ & \text { with salad } \end{aligned}$ |  |  |
| Cold Option |  |  |  |  | Assorted filled sandwiches served with <br> unlimited salad from the salad bar |  | Assorted filled sandwiches served withunlimited salad from the salad bar |  |  |  |
| Dessert | ${ }_{\text {rec ceam }}$ |  | Frapaek |  | Mufin |  | Commieceate |  |  |  |


|  | Menday |  | Tuesday |  | Wednesday |  | Thursday |  | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Meal options | Chef's Special Chicken Curry of the Day Chicken curry served with Uncle Bens rice and naan bread | Turkey Burger Turkey burger served on a: bun with oven baked wedges and Heinz Baked Beans | Spaghetti Bolognaise Homemade spaghetti Bolognaise served with garlic bread | Jacket Potato Jacket potato with a choice of filling served with salad | Pizza <br> Homemade cheese and tomato pizza slice served with sweetcorn and oven baked wedges | Roast of the Day Roast of the day served with roast potatoes, fresh seasonal vegetables and gravy | Crispy Chicken Wrap Crispy chicken fillet in a flour tortilla served with lightly spiced potato wedges and chopped salad | Jacket Potato Jacket potato with a choice of filling served with salad | Turkey Dinosaur Turkey dinosaur served with oven baked chips and garden peas | Jacket Potato Jacket potato with a choice of filling served with salad |
| Cold option | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  |
| Dessert | Muffin |  | Jelly and ice-cream |  | Cookie biscuit |  | Chocolate sponge and custard |  | Ice-cream and sauce |  |


|  | Menday |  | Tuesday |  | Wednesday |  | Thursday |  | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Meal options | Chef's Special Chicken Curry of the Day Chicken curry served with Uncle Bens rice and naan bread | Vegetarian Sausage Roll Vegetarian sausage roll served with oven baked spicy potato wedges \& Heinz Spaghetti Hoops | Crispy chicken wrap Crispy chicken fillet in a flour tortilla served with herby diced potatoes and sweetcorn | Cheesy Pasta Bake Pasta Swirls in a cheesy past sauce served with crusty bread | Meat and Potato Pie Meat and potato pie served with oven baked wedges, fresh vegetables and gravy | Jacket Potato Jacket potato with a choice of filling served with salad | Turkey Meatballs Turkey meatballs in a tomato sauce served with pasta and Heinz Baked Beans | Pizza <br> Homemade cheese and tomato pizza slice served with pasta and Heinz Baked Beans | Fish Fingers and Chips Oven baked Birds Eye fish fingers and chips served with mushy peas | BBQ Chicken $B B Q$ chicken served with pasta twirls and garic bread |
| Cold Option | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  | Assorted filled sandwiches served with unlimited salad from the salad bar |  |
| Dessert | Cookie biscuit |  | Carrot cake |  | Ice-cream and sauce |  | Raspberry bun |  | Iced sponge |  |

Weekly Menu Cycle Week 1 Week 2 Week 3

|  | Mon | Tue | Wed | Thur | Fri |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 |
|  | 8 | 9 | 10 | 11 | 12 |
|  | 15 | 16 | 17 | 18 | 19 |
|  | 22 | 23 | 24 | 25 | 26 |
|  | 29 | 30 | 1 | 2 | 3 |



|  | Mon | Tue | Wed | Thur | Fri |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 0 | 10 | 11 | 12 | 13 | 14 |
| $\pm$ | 17 | 18 | 19 | 20 | 21 |
| 0 | 24 | 25 | 26 | 27 | 28 |
| 1 | 2 | 3 | 4 | 5 |  |
| 8 | 9 | 10 | 11 | 12 |  |

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| Mon | Tue | Wed | Thur | Fri |
| :--- | :--- | :--- | :--- | :--- |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |

qeı/ue

| Mon | Tue | Wed | Thur | Fri |
| :---: | :---: | :---: | :---: | :---: |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | 30 |
| 2 | 3 | 4 | 5 | 6 |
| 9 | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |

